

*Following CDC & Deaconess Hospital Patterns*

**Face Mask – Reusable  
Adult Size – Regular**  
8 ¼” wide x 7” tall (fully opened)

**Two Layers of 100% Cotton  
with Silk Lining**  
Back is Oeko-Tex certified, 550-  
thread-count, tightly woven fabric.

**Cotton/Spandex Ear Loops** (homemade)  
**with Bead Adjuster** (see over)  
Remember, **fit determines efficacy.**

**Filter Pocket** for your filter

**Nose Wire Channel**  
Slip a pipe cleaner, wire, or twisty in  
channel for a tighter fit across nose.

**Wash by Hand**  
Keep it Clean. Wash it often.  
Remove any filter or nose wire.  
Hand wash - maybe sing Happy  
Birthday to it twice? – then hand press  
flat and air dry. OK to iron, don’t  
scorch ear loops. Machine laundering  
is not recommended. It’s too rough &  
diminishes the mask’s longevity.

**Please always follow *all* the latest  
CDC guidelines.**

~~~~~  
“My mask protects you,  
your mask protects me.”  
- Czech saying  
~~~~~

Handmade by Allysyn Kiplinger of  
**PiedmontMasks.com** with love and care in  
small batches in the Piedmont Avenue  
neighborhood of Oakland, California. 12-11-20

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Dear Neighbors and Friends,

**Thank you for choosing this mask.**

*It is a sacred and magical object made with care and attention. It is quite possible that you may change the arc of history by using it.*

**Fit Determines Efficacy**

As I understand it, to be most effective, you want your breath to flow *through* the fabric, *not around* it (by your nose, or cheeks, or chin). Experiment to get a good fit.

**Bead Adjuster**

Move bead around to find most comfortable location for you. Remove bead if necessary. **To replace bead**, put ~12” heavy thread/dental floss through ear loop. Hold ends together and string bead on thread. Pull hard on thread to stretch ear loop while you pull bead on to ear loop.

**These masks were** visioned, researched, designed, sourced, and made here in the Piedmont Avenue neighborhood of Oakland. As such, it is one small act of ***self-determination*** for our neighborhood. I hope for a time again when we – Americans, Californians, Oaklanders, Piedmont Avenuers – make all the things we need in our lives.

**I’m open to suggestions** for fabric patterns, colors, or themes. Send them to [Allysyn@PiedmontMasks.com](mailto:Allysyn@PiedmontMasks.com).

Thanks and be safe! *We can do this!*

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